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## Camp Spirit Was a Week-long Blast!



Seventy-six children with bleeding disorders between the ages of 7-16 attended this year's Camp Spirit from June 19-24th thanks to your generous donations. Aside from all of the regular camp activities such as arts and crafts, swimming, campfires, horseback riding, and singing, many children at Camp Spirit learned the important skill of self-infusion. Just check out the smiles on the faces on this page to see what joy your gift can bring to a child's life. You can donate at [Hemophiliaflorida.org/Donate/](http://Hemophiliaflorida.org/Donate/)



More Photos from camp can be found on Page 3



TOLL FREE 800-293-6527  
[www.HemophiliaFlorida.org](http://www.HemophiliaFlorida.org)

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### Mission

The mission of the Hemophilia Foundation of Greater Florida is dedicated to improving the quality of life for people with related bleeding disorders and their families through education, information and referral services, advocacy and research.

### Disclaimer

The material provided in HFGF Connections is for your general information only. HFGF does not give medical advice or engage in the practice of medicine. The HFGF does not recommend particular treatments for specific individuals and recommends that you consult your physician or treatment center before pursuing any course of treatment.

Dear Friends,

YIPPEE, it is SUMMER ... the best season of the year!

What a great day we had at our Annual Family Program at SeaWorld; we had more than 500 people enjoying the program, "Ready, Set...Transition." Special shout out to Michael Rosenthal, who brought us a fun-filled day about transitioning.

Camp Spirit was amazing. We had 76 wonderful kids attend camp--thank you to all the folks that support our walks, golf tournament and other fundraising events. Your support helps us pay for our kids to attend camp. We have Camp Spirit t-shirts on sale. If you would like to purchase one, please contact us at [info@hemophiliaflorida.org](mailto:info@hemophiliaflorida.org).

I hope everyone enjoys their summer. Do not forget to mark your calendars for the Creepy Crawls in Jacksonville and Orlando and the Flight for Tomorrow Invitational Golf Tournament.

Warmest Regards,

*Fran*



August 17, 2019

Adventure Island Program

August 22, 2019

Tampa Dinner

August 25-26, 2019

Florida State Meeting

August 26, 2019

Jacksonville Boo-wling walk and scary sign up party

September 5, 2019

Orlando Dinner

September 7, 2019

Gainesville Program

September 21, 2019

Family Retreat Weekend

September 25, 2019

Donor reception

October 12, 2019

Jacksonville Creepy Crawl

October 26, 2019

Orlando Creepy Crawl

October 28, 2019

Flight for Tomorrow Golf Tournament

[CLICK HERE](#) to subscribe to our email to receive notices and updates of all our upcoming programs and events



# Golf Auction Donations Needed!

**The 23rd annual Flight for Tomorrow Golf Tournament**, our major fundraiser, is right around the corner: October 28, 2019. Do you have a connection in the travel industry with an airline, hotel or restaurant? Are you affiliated with a professional sports franchise or have a golf connection? If so, you could step up and be a hero for the HFGF by arranging a donation for the golf tournament auction. Funds raised pay for Camp Sprit Tuition, Scholarships, emergency financial assistance and more. Did you know that 89 cents out of every dollar raised goes directly to the bleeding disorders community?

To arrange your donation, please contact JoAnn at the HFGF office at 800- 293-6527.

## Camp Spirit Was a Week-long Blast!

cont'd



**CHANGE THEIR WORLD. CHANGE YOURS.  
THIS CHANGES EVERYTHING.**

[BECOME A VOLUNTEER](#)

OR

[DONATE](#)



## Meet the HFGF Board of Directors

These eight people govern the Hemophilia Foundation of Greater Florida according to the organization's bylaws and according to non-profit regulations. They also help the Executive Director by providing guidance on the vision and the future course of the HFGF. Thank you for your dedication to the HFGF!



Board President Pete Vrochopoulos has been on the Board since 2015 and was recently elected President. He is a Sales Engineer by profession.



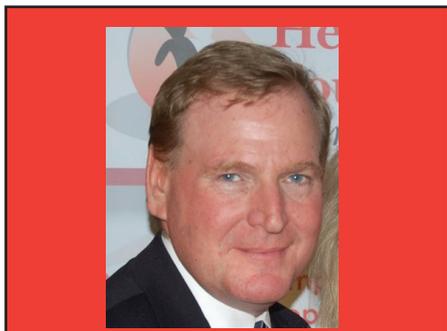
Board Vice President Mike Berkman has served since 2013. He works as Vice President/Managing Principal at Infopipe.



Board Treasurer/Secretary Eileen Gregory has been a board member since 2017. She is a retired professor of Rollins College.

Board Member Hector L. Cartagena has been serving since 2006. He is a lawyer

Board Member Ed Bookbinder has been on the Board since 2006. He is the President of Visual Impact Communications, Inc.



Board Member Alan Apte has served since 2004. He is a Judge.



Board Member Joe Riggs has been a board member since 2012. He is West Florida Retail Divisional Executive at Valley National Bank.



Board Member Jose Villarreal Charris joined the Board in 2018. He is an MBA student at Rollins College and serves on the Board as part of a co-operative program with the College.



Make Your Fall Extra Spooky and Do Good at the Same Time

Join us for loads of fright and Halloween fun as we walk to raise funds for the HFGE. Come in costume and compete for prizes. Enjoy the Halloween party! You can participate in the fall walk that's most convenient for you:

**JACKSONVILLE**  
**CREEPLY CRAWL 5K**  
& **VAMPIRE MILE**  
benefiting the  
**Hemophilia Foundation of Greater Florida**

The **Jacksonville Creepy Crawl 5K and Vampire Mile** will be held Saturday, October 12, 2019 at the Nocatee Community in Ponte Vedra, Florida. To register, go to: [Hemophiliaflorida.org/Jacksonville/](http://Hemophiliaflorida.org/Jacksonville/)

The **Orlando Creepy Crawl 5K and Vampire Mile** is set for Saturday, October 26, 2019 at Lake Baldwin in Baldwin Park in Orlando. To register for the walk, go to: [Hemophiliaflorida.org/Orlando](http://Hemophiliaflorida.org/Orlando)

**ORLANDO**  
**CREEPLY CRAWL 5K**  
& **VAMPIRE MILE**  
benefiting the  
**Hemophilia Foundation of Greater Florida**



# SeaWorld Program Was an Ocean of Fun!



On Saturday, June 1, 2019, 500 people with bleeding disorders and their families attended a special program, held at SeaWorld in Orlando. The program "Ready-Set ... Transition" was presented by award-winning leader in bleeding disorder program innovation Michael Rosenthal. It was all about transitioning for teens from pediatric to the lifetime necessity of adult bleeding disorder care and included such items as ordering factor, having lab work done, the differences in HIPAA regulations for children and adults, and getting transition help from your Hemophilia Treatment Center. After the program, everyone spent the rest of the day enjoying the SeaWorld park.

**The HFGF would like to thank our sponsors for helping make this event possible**

Bayer Healthcare  
CSL Behring  
Genentech  
Grifols  
Novo Nordisk  
Octopharma  
Pfizer  
Takeda  
SeaWorld Orlando





# Social Work Resources

by Dina Richardson, MSW

Summer is here and you know what that means: hurricanes and vacations. Do you know what those two things have in common? They both need some preparation and when you have Hemophilia or another bleeding disorder, you need to have a “Go Bag” ready. This is very important. Please check out our suggestions as to what to place in your Go Bag, prepare your Go Bag, and enjoy your summer!

## Go Bag Checklist

- Factor
- Syringes
- Saline
- Heparin
- Alcohol Wipes
- Butterfly Needles/Port Needles
- Gauze
- Co-Ban or Co-Flex
- Sharps Container
- Sterile Dressing Change Kits/Port Access Kits with Sterile gloves and Mask
- Infusion Log
- Hand Soap and Sanitizer
- Travel Letter from HTC
- Band-aids
- ACE Bandage
- Tourniquet
- Ice packs – Instant Disposable Ice Packs
- Luggage Tag on the Bag



When you shop with

**amazon.com**  
Smile

they'll donate to

The Hemophilia Foundation of  
Greater Florida

*Follow/Like HFGF on Social Media!*



[Facebook.com/hemophiliafl](https://www.facebook.com/hemophiliafl)  
[Twitter.com/hemophiliafl](https://twitter.com/hemophiliafl)  
[Instagram.com/hemophiliaflorida](https://www.instagram.com/hemophiliaflorida)

HIGH SCHOOL STUDENTS  
EARN COMMUNITY SERVICE HOURS

VOLUNTEER FOR THE HFGF

CONTACT US AT 800-293-6527 or  
[info@hemophiliaflorida.org](mailto:info@hemophiliaflorida.org)



# Hemophilia Foundation of Greater Florida Endowment Fund

The Hemophilia Foundation of Greater Florida (HFGF) planned giving campaign joins donors and community members in the effort to build a stronger bleeding disorder community.

You can invest in the HFGF. An endowment gift ensures that the HFGF mission that you care about receives steady financial support on a regular basis in perpetuity.

**What is the HFGF endowment fund?** The HFGF joins donors and community members in the effort to build a stronger future for the HFGF.

**What is an endowment gift?** An endowment is a donated pool of funds that ensures that an organization, cause or program you care about receives steady financial support on a regular basis or in perpetuity. The endowment is managed with the goal of growing at least at the pace of inflation so your gift will always maintain its buying power.

**Why is the HFGF beginning an endowment campaign?** Times are changing and funding priorities have changed. An endowment allows the HFGF to have a self-sustaining fund will provide critical ongoing and permanent financial support that will assure the long-term sustainability of the Florida Bleeding Disorders Community.

**Where will my contributions go?** The campaign is donor driven. The donor can choose what they would like their donation to benefit.

**Will I be able to name the fund? Can I/we create a fund for my children or to honor someone?** Anyone can participate in an Endowment Gift. With gifts of \$1000 or more, an individual or family can create a named fund. The fund can carry the name of the any individual family or even someone else you wish to honor. Each named fund is listed in our annual report.

All gifts of less than \$1000 are gratefully accepted as well. These gifts will go into communal funds for support of the program that the donor would like to support.

**Can I contribute to my existing endowment fund?** Yes, we encourage you to support your fund. You can also encourage others to donate to your fund for birthdays, anniversaries, graduations and other wonderful life events.

**For information on planned giving, please contact [leahnash@hemophiliaflorida.org](mailto:leahnash@hemophiliaflorida.org) or 800.2933.6527**

**SAVE THE DATE  
& SIGN UP NOW**

**23<sup>rd</sup> Annual  
Flight for Tomorrow  
Invitational Golf Tournament  
October 28, 2019**



**East Lake Woodland Country Club**  
1055 E Lake Woodlands Pkwy.  
Oldsmar, FL 34677

**For More Information Contact**  
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[Info@hemophiliaflorida.org](mailto:Info@hemophiliaflorida.org)



**DONATE**